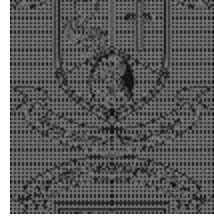


# Our Lady of the Assumption School

2141 Walnut Avenue, Carmichael, CA 95608 (916) 489-8958

August 25, 2009



We had a terrific first week of school, and I would like to thank our faculty and staff for all they have done to prepare for the beginning of the school year. I'd also like to thank our PTG for the work they did to make the first day of school (HOLA Coffee) and Back-to-School Night so warm and hospitable. The hospitality chairs, Traci and Mark Trask and Chris and Brooke Fahey did a great job organizing these events. Thanks also to Stefanie Smith for arranging the beautiful flowers and Nicole and Sean Minor for donating the wine.

I'd also like to acknowledge Monica Hayes and Alexxa DeBenedetti for their work this summer as New Family Liaisons. The functions they have organized have made our new families feel welcomed and excited to be a part of OLA.

## Liturgical and Bell Choirs

I am pleased to announce that Mrs. Jean Davis will be OLA's new director for our Liturgical and Bell choirs. Mrs. Davis is the music, choir, and band teacher over at St. Mary School. She is excited to now also be a part of the OLA School community. She will be coming on campus this week to introduce herself to our students and invite them to be a part of the choir.

Mrs. Davis will be sending home with students in grades four through eight on Tuesday a letter explaining how the Liturgical and Bell Choirs will run this year. This year the program will be offered after school on Tuesdays and Wednesdays. The Liturgical and Bell Choirs will continue to perform on the first Saturday Mass of the month. We are hoping for participation from many of our students.

Finally, last week information on the H1N1 Virus was included with the bulletin. The OLA School Flu Plan was left out. It has been attached to this week's bulletin.

Have a great week, and remember to count your blessings!

God bless,

*Robert Love*

## Due This Week

- Emergency Forms that have not been turned in. Please do so **immediately**.
- Miscellaneous Expense Worksheet and payment is due.
- The first SCRIP order is due by 8:00 A.M. on **Wednesday, August 26**.
- Lunch order forms due in the office by noon on **Wednesday, August 26**. Hot lunch will begin on Monday, August 31.
- Parent/Student Handbook signature form (blue) is due to classroom teachers by **Friday, August 28**.

## This Week at OLA

### **School Schedule**

This week will be a full week of school. Kindergartners will attend either 8:00 A.M.-11:00 A.M. or 11:45 A.M.-2:45 P.M. Students in grades 1-8 will attend 8:00 A.M.-2:45 P.M. Extension hours are 6:30 A.M. to 6:00 P.M.

## Bits and Pieces

### **Fingerprinting for Parents**

On-site fingerprinting will be held on Sunday, August 30, from 10:30 A.M. to noon. The fingerprinting will take place outside the Faith Formation Office, which is located inside the school office. Any parent or family member who plans to attend a field trip, help in the classroom, coach a team, etc., must go through the fingerprinting process. All new OLA parents and returning parents that have not yet been fingerprinted are encouraged to take advantage of this opportunity. You must have a photo identification with you. There is no charge to you for this service.

### **Medication**

If you would like Mrs. Albers to help administer medication to your child(ren), a Medication Permission Form is required. Forms are available in the school office. The completed form must be returned with the medication. **MEDICATION MAY NEVER BE SELF-ADMINISTERED AT SCHOOL.**

### **Catholics Come Home**

Catholics Come Home is a welcoming process for returning Catholics. Please encourage inactive Catholics to join us Tuesday, September 15, at 7:00 P.M. in St. Paul's Room. We will facilitate a comfortable return to the church community with discussion and information sharing geared to help you gain a confident understanding and participation in your faith. If you have any questions, please contact Jane Ricci at 481-5115 or [catholicscomehome@olaparish.net](mailto:catholicscomehome@olaparish.net).

### **FIRST Lego League**

OLA is part of FIRST Lego League and is looking for team members and coaches for the upcoming season. FIRST Lego League is an exciting and fun global robotics program that develops in students ages 9 to 14 an enthusiasm for discovery, science, and technology. The team will make a robot out of Legos, program it, and have it perform tasks in a field made by the team. Teams compete against one another in the FIRST Lego League. FIRST is an acronym that stands for For Inspiration and Recognition of Science and Technology.

This after school program will provide our students a chance to use science and technology to become better critical thinkers and problem solvers (School Wide Learning Expectation 2D). OLA is looking for parents interested in coaching a team and students interested in participating. The ideal number for a team is between six and seven students. We currently have one team registered and if the interest among students is big, more teams can be formed, provided each team has found a parent to coach and the team can raise the funds (approximately \$700 per team) to field the team.

If your student is interested in participating or if you are interested in coaching, please contact Sharon Kropf at [skropf@winfirst.com](mailto:skropf@winfirst.com) or at 359-6609. The OLA team is being mentored by the St. Francis High School Fembots. We will start meeting in early September.

### **Cold/Rainy Day Lunches**

Parent volunteers are needed to monitor classrooms while students eat lunch inside on extremely cold and/or rainy days. If you are looking for service hours and are available during the OLA lunch hour (12:00 P.M. to 12:45 P.M.), please call the school office. A rotating schedule will be made for the months of January, February, and March.

### **Fast Food Lunches**

Please remember that fast food lunches are not allowed. This includes Subway. If your student forgets his/her lunch, a cheese sandwich and salad bar is available. The student is expected to bring payment for the lunch on the following day.

### **CALENDAR CORRECTION**

Open House: January 31, 2010  
Catholic Schools Week: February 1 through 5, 2010

Please mark this change on your Year-at-a-Glance calendar in your handbook or on your refrigerator.

### **Viva Las Vegas-Auction 2009**

Auction tickets were sent home yesterday in white envelopes with your oldest student. Please check your student's backpack for the tickets. Each family is requested to sell at least two books (50 tickets). Classroom and family contest began August 24. Sell and win some great prizes!

Please read the September edition of the *Partners in Faith* newsletter at the following link:  
<http://www.olaparish.net/parish/files/Partners%20in%20Faith%20Newsletters/2009%20September.pdf>

## Our Lady of the Assumption School Flu Plan

The following information is taken from *Preparing for the Flu: A Communication Toolkit for Schools (Grades K-12)* by the Department of Health and Human Services and the Center for Disease Control (CDC). This information is adapted by Our Lady of Assumption School for use in its plan for preventing the spread of the flu (any strain) and preparing for a flu outbreak or pandemic.

1. The school will educate and encourage students and staff to cover their mouth and nose with a tissue when they cough or sneeze. The school will also provide them with easy access to tissues and running water and soap or alcohol-based hand cleaners. Students will be reminded to cover coughs or sneezes using their elbow instead of their hand when a tissue is not available. Signs will be posted in the school and classrooms to reinforce this practice.
2. Teachers, staff, and students will be reminded to practice and model good hand hygiene and provided the time and supplies for them to wash their hands as often as necessary.
3. Students, faculty, and staff who are sick **will be sent home. Faculty and staff are to be vigilant of their students' wellness. Students, faculty or staff** that are sick will be asked to stay at home until at least 24 hours after they no longer have a fever or signs of a fever without the use of fever-reducing medicine. Fever-reducing medications are medicines that contain acetaminophen (such as Tylenol) or ibuprofen (such as Motrin).
4. Surfaces and items that are more likely to have frequent hand contact such as desks, doorknobs, keyboards, or pens are to be cleaned daily with cleaning agents that are usually used in these areas.
5. Students, teachers, and staff who become sick at school are to be moved to a separate room until they can be sent home. The number of staff who takes care of the sick person is to be limited, and a surgical mask is to be provided for the sick person to wear if they can tolerate it. A mask will also be provided to the staff member administering care.

**Watch for emergency warning signs that need urgent medical attention. These warning signs include:**

- Fast breathing or trouble breathing.
- Bluish or gray skin color
- Not drinking enough fluids
- Not urinating or no tears when crying
- Severe or persistent vomiting
- Not waking up or not interacting

- Being so irritable that the child does not want to be held
  - Pain or pressure in the chest or abdomen
  - Sudden dizziness
  - Confusion
  - Flu-like symptoms improve but then return with fever or worse cough.
6. The school will have Personal Protective Equipment (PPE) such as masks available and ensure the equipment is worn by school secretary and other staff caring for sick people at school.
  7. The school will encourage early medical evaluation for sick students and staff at higher risk of complications from flu. People at high risk of flu complications who get sick will benefit from early treatment with antiviral medicines. They should speak with their doctor as soon as possible if they develop symptoms of flu-like illness. Children under the age of 5 years, pregnant women, people of any age with chronic medical conditions (such as pulmonary disease, including asthma, diabetes, neuromuscular disorders or heart disease), and people age 65 years and older are more likely to get complications from the flu.
  8. The CDC encourages parents to have their children, particularly those in the higher risk category, to be vaccinated when the vaccinations become available (targeted date is Fall 2009).
  9. The school will stay in regular communication with local public health officials.

*If the flu conditions become more severe, the school will consider adding the following steps:*

- Extend the time sick students, teachers, or staff stay home for at least 7 days, even if they feel better sooner. Those who are still sick after 7 days should continue to stay home until at least 24 hours after symptoms have gone away.
- Allow high-risk students, teachers, and staff to stay home. These students, teachers, and staff should make this decision in consultation with their physician and/or health professional.
- Conduct active fever and symptom screening of students, teachers, and staff upon arrival at school. Any sick students, teacher, or staff should be separated from others, offered a surgical mask, and sent home.
- Find ways to increase social distances (the space between people) at school such as rotating teachers between classrooms while keeping the same group of students in one classroom, moving desks farther apart, or postponing class trips.
- Consider how and when to dismiss students by working closely with the Catholic School Department and local and state health agencies by reporting a school dismissal at [www.cdc.gov/FluSchoolDismissal](http://www.cdc.gov/FluSchoolDismissal).

*The school will follow these steps to prepare for the flu during the 2009-2010 school year.*

- Draft a flu plan and focus on protecting high-risk student, teachers, and staff.
- Update student, teacher, and staff contact information as well as emergency contact lists.
- Identify and establish points of contact with the local public health and education agencies.
- Develop a plan to cover key staff positions, such as the school secretary, when staff stay home because they are sick.
- Develop communication tools (e.g., letters to parents, Web site postings) that can be used to send sick students home, dismiss students, and to remind parents and staff how long sick students and staff should remain at home.
- Review school policies and awards criteria to encourage social distancing and avoiding any incentives for students or staff to get to school when sick. The School will suspend its perfect attendance awards for the 2009-2010 school year.
- Develop a school dismissal plan and options for how schoolwork can be continued at home (e.g., homework packets, Web-based lessons, phone calls) if school is dismissed or students are sent home when sick.
- Collaborate with the local health department and the Catholic School Department in responding to flu outbreaks, and keeping apprised of the latest developments and updates by the CDC.
- Help families and communities understand the important roles they can play in reducing the spread of flu in schools.

# Join the OLA SCRIP team!

**Want an easy and fun way to earn your hours?**

Check out the *New Scrip* positions in addition to the *Classic Scrip* positions:

1. **NEW** - Coordinate the SCRIP box sales after Mass and after school (manage the schedule of volunteers and help sell SCRIP on some dates yourself)
2. **NEW** - Newsletter and Contest Coordinator creates a newsletter approximately twice per month and organizes 2 – 3 contests per year.
3. Thursday sorting team is a great way to start every other Thursday! Meet with the other Scrip sorters to package up the orders for delivery. Bring your own coffee and meet us in St. Pauls room (next to the Parish office) after drop off.
4. Scrip Sales – If you like to catch up with your OLA friends and meet new OLA families this is the job for you! Bring the SCRIP box to the Cottage gate on Thursdays during pick-up after mass Saturday at 5:30 or Sunday at 9:30. Let us know how many shifts you would like and start checking off your volunteer hours!

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Please contact Donna Washburn at [Washburn@surewest.net](mailto:Washburn@surewest.net) 481-2686 or 397-3605, Kelly Pantis at [kp@kpantis.com](mailto:kp@kpantis.com) 616-7471 or return the slip below to the OLA school office.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Thanks!**

# Our Lady of the Assumption School

SCRIP PROGRAM 2009-2010

FAMILY NAME (PLEASE PRINT) \_\_\_\_\_

PHONE \_\_\_\_\_ DATE \_\_\_\_\_

## ORDER DATES

Order form and payment are due in no later than 8:15 a.m. on the following order days.

August 26 <sup>th</sup> (Delivery 9/3)	September 9 <sup>th</sup> (Delivery 9/17)	September 23 <sup>rd</sup> (Delivery 10/1)	October 7 <sup>th</sup> (Delivery 10/15)	October 21 <sup>st</sup> (Delivery 10/29)
November 4 <sup>th</sup> (Delivery 11/12)	November 11 <sup>th</sup> (Delivery 11/19)	December 2 <sup>nd</sup> (Delivery 12/10)	December 9 <sup>th</sup> (Delivery 12/17)	January 6 <sup>th</sup> (January 14 <sup>th</sup> )

## DELIVERY LOCATION (Please choose 1 of 4 locations)

\*\*If your order is not picked up it will be kept in the office

Office \_\_\_\_\_ Cottage Lot \_\_\_\_\_  
Extension \_\_\_\_\_ Classroom \_\_\_\_\_ (Childs Name & grade \_\_\_\_\_)

**Your Signature** \_\_\_\_\_

*Once delivered to your child, OLA is not responsible for lost or stolen scrip.*

## PAYMENT

Payment must accompany the order form. Please attach cash, check or credit card receipt. The credit card machine is available for your use in the school office during office hours. No American Express ~ No Gas/Wal-Mart/Toys-R-Us/Walgreens only charges!

**QUESTIONS?** Call Scrip Chair Donna Washburn at 397-3605 ([washburn@surewest.net](mailto:washburn@surewest.net))

- Scrip is available for purchase in the school office during office hours. Scrip may also be purchased on Thursdays after school at the Cottage Gate, and after 5:30 & 9:30 masses.
- **ALL SALES FINAL. THERE IS NO REFUND OR EXCHANGE OF PURCHASED SCRIP**

8/12/09

STORE		#	??
<b>Grocery/Restaurant</b>			
<b>Applebees 8%</b>	<b>\$25/\$50</b>		
Arbys 8%	\$10		
Baja Fresh 7%	\$25		
<b>Baskin Robbins 9%</b>	<b>\$2</b>		
Boston Market 12%	\$10		
Buca di Beppo 8%	\$25		
<b>Burger King 4%</b>	<b>\$10</b>		
California Pizza Kitchen 4%	\$10		
Carl's Jr. 9%	\$10		
Cheesecake Factory 5%	\$25		
<b>Chevy's 8%</b>	<b>\$25</b>		
<b>Chilis/Mac Grill/Border 11%</b>	<b>\$25</b>		
<b>Chipotle 10%</b>	<b>\$10</b>		
Chuck E. Cheese 8%	\$10		
Claim Jumper 8%	\$25		
<b>Cold Stone Creamery 8%</b>	<b>\$10</b>		
Del Taco 4%	\$10		
Denny's 7%	\$10		
El Pollo Loco 6%	\$10		
El Torito 9%	\$25		
<b>Hagen's Orange Frz (8%)</b>	<b>\$20</b>		
Hard Rock Café 10%	\$25		
<b>Honeybaked Ham 12%</b>	<b>\$10</b>		
Jack in the Box 4%	\$10		
<b>Jamba Juice 7%</b>	<b>\$10</b>		
KFC 9%	\$5		
<b>La Bou 5%</b>	<b>\$10</b>		
<b>Leatherby's 10%</b>	<b>\$5</b>		
Little Caesar's Pizza 9%	\$20		
Logans Roadhouse 8%	\$25		
Marie Callenders 18%	\$25		
<b>Mimi's Café 8%</b>	<b>\$25</b>		
Outback Steakhouse 4%	\$25		
<b>Panera Bread 9%</b>	<b>\$10</b>		
Papa Johns 8%	\$10		
<b>Peet's Coffee &amp; Tea 8%</b>	<b>\$20</b>		
PF Chang's 7%	\$25		
Qdoba 7%	\$25		
<b>Raley's Card</b>	<b>FREE</b>		
<b>Red Lobster/Olive Gard 9%</b>	<b>\$25</b>		
Red Robin 9%	\$25		
<b>Ruths Chris 10%</b>	<b>\$50</b>		
<b>Safeway 4%</b>	<b>\$25</b>		
Save Mart 2%	\$25		
<b>See's Candy 1 lb. 25%</b>	<b>\$15.00</b>		
<b>Smart &amp; Final 3%</b>	<b>\$25/\$50/\$100</b>		
<b>Starbuck's 7%</b>	<b>\$10 / \$25</b>		
<b>Subway 3%</b>	<b>\$10/\$50</b>		
TGI Friday's 8%	\$25		
Wendy's 4%	\$10		
<b>Woody's 15%</b>	<b>\$10</b>		

STORE		#	??
<b>Clothing/Dept. Store/Sporting</b>			
<b>Amer Eagle Outfitters 9%</b>	<b>\$25</b>		
Bass Pro Shop 9%	\$25/\$100		
<b>Big 5 8%</b>	<b>\$25</b>		
Brooks Brothers 16%	\$25		
Cabela's 11%	\$25/\$100		
Dress Barn 8%	\$25		
Eddie Bauer 9%	\$25		
Foot Locker 9%	\$25		
<b>Gap/Old Navy/Ban Rep 9%</b>	<b>\$25</b>		
Gymboree 13%	\$25		
<b>J. Crew 13%</b>	<b>\$25</b>		
J. Jill 8%	\$25		
JCPenney 5%	\$25 / \$100		
Kohl's 4%	\$25 / \$100		
Lands End 17%	\$25 / \$100		
LL Bean 15%	\$25 / \$100		
<b>Macy's 10%</b>	<b>\$25 / \$100</b>		
<b>Marshalls/TJ Maxx 7%</b>	<b>\$25 / \$100</b>		
Men's Wearhouse 8%	\$25		
Mimi Maternity 6%	\$25		
Motherhood Maternity 6%	\$25		
Orvis 17%	\$25		
Overstock.com 8%	\$25		
Payless Shoes 13%	\$20		
REI 8%	\$25		
Ross Dress for Less 8%	\$25		
Sears/OSH 4%	\$25/\$100/250		
<b>Sports Authority 8%</b>	<b>\$25</b>		
Talbots 11%	\$25		
The Children's Place 12%	\$25		
<b>BOOKS &amp; VIDEO</b>			
Amazon.com 4%	\$25/\$100		
<b>Barnes &amp; Noble 9%</b>	<b>\$10 /\$25/\$100</b>		
<b>Blockbuster Video 7%</b>	<b>\$10</b>		
<b>Borders 9%</b>	<b>\$10 / \$25</b>		
<b>iTunes 4%</b>	<b>\$15</b>		
<b>HARDWARE/HOME</b>			
Best Buy 2%	\$25/\$100/250		
Coffman's Furniture 3%	\$100/\$250		
Crate & Barrel 8%	\$25 / \$100		
<b>Emigh Hardware 5%</b>	<b>\$10 / 15 / 25</b>		
<b>Home Depot 4%</b>	<b>\$25/\$100/500</b>		
K Mart 4%	\$25 / \$50		
Lowe's 4%	\$25/\$100/500		
Radio Shack 4%	\$25		
Restoration Hardware 12%	\$25 / \$100		
<b>Wal-Mart/Sam's Club 2%</b>	<b>\$25/100/250</b>		

STORE		#	??
<b>SPECIALTY</b>			
<b>Bath &amp; Body Works 13%</b>	<b>\$10 / \$25</b>		
Bed, Bath & Beyond 7%	\$25		
Build-A-Bear 8%	\$25		
Cabela's 14%	\$25/\$100		
<b>Century Theaters 4%</b>	<b>\$25</b>		
<b>Claire's 9%</b>	<b>\$10</b>		
GNC 8%	\$25		
Hallmark 4%	\$25		
JoAnn Fabrics 6%	\$20		
<b>GameStop 3%</b>	<b>\$25</b>		
KB Toys 4%	\$20		
<b>Kragen Auto 8%</b>	<b>\$25</b>		
Longs 5%	\$25 / \$100		
Michaels 4%	\$25		
<b>Office Depot 4%</b>	<b>\$25/100</b>		
Office Max 5%	\$25		
Pep Boys 4%	\$20		
Pier One 9%	\$25		
<b>Pottery Barn/W.Sonoma 8%</b>	<b>\$25 / \$100</b>		
Return to Secret Garden 8%	\$25/\$50/\$100		
Rite Aid 4%	\$25		
Shutterfly 9%	\$25		
Staples 5%	\$25 / \$100		
Sunglass Hut 12%	\$25		
Toys/Babies R Us 1.5%	\$20		
<b>UA/Regal Cinemas 15%/8%</b>	<b>\$9/\$25</b>		
ULTA Salon 4%	\$25		
Visa	\$ 25/50/100		
<b>Walgreens 2%</b>	<b>\$25 / \$100</b>		
<b>Gas/Auto/Travel</b>			
American Airlines 8%	\$100/\$250		
<b>Arco 2%/3%</b>	<b>\$50/100/250</b>		
Bedandbreakfast.com 10%	\$50		
Best Western 12%	\$25 / \$100		
<b>Chevron 1.5%/2%</b>	<b>\$50/\$100/250</b>		
Disney 2%	\$25/100/1000		
Hyatt Hotels 9%	\$25/\$100		
Marriott Hotels 12%	\$50/\$100/500		
Shell 1.5%	\$25 / 50/ 100		
Tesoro 2%	\$25		
<b>OTHER</b>			
<b>Cascading Wallet 25%</b>	<b>\$2.99</b>		
<b>Gift Card Wrapper 20%</b>	<b>\$3.35</b>		
<b>Scrip Wallet 15%</b>	<b>\$1</b>		
<b>TOTAL \$ AMOUNT ORDERED</b>	_____		

**Items in bold are available in the box!**