

Student Name: \_\_\_\_\_

Each Meal Includes: One entrée selection with vegetables and fresh fruit

Student Grade: \_\_\_\_\_

Regular Portion: \$3.75, Extra Portion: \$1.00 --  
 Kindergarten Meals: \$3.00

**Questions or Late Orders, Call us at:**  
**916.397.5072**

Please Make Your Checks to REZA MOLAVI

**February 2012 (Due 01/25)**

*Alternative Entrées*

*You may choose one of the following to replace the main menu item (each item is \$3.75)*

A: Turkey sandwich with Tillamook cheese on whole wheat bread			B: Seasonal Salad		EX: Extra Portion
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		Grilled cheese on whole wheat bread with abc chicken soup	Hard or Soft shell Beef taco w/cheese salsa, lettuce, sour cream tortilla chips and salsa	<b>Minimum Day</b>	
		A: Turkey B: Salad EX	A: Turkey B: Salad EX	<b>Snack bar is Open</b>	
6	7	8	9	10	
Lean burger w/ cheese with oven fries	Annie's Mac-N-Cheese with steamed veggies and fresh fruit	Teryaki Chicken over brown rice with steamed vegetables	Traditional Meat Chili with bread	Pizza served w/ Veg & Ranch Circle One: Cheese Pepperoni	
A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	
13	14	15	16	17	
Lean burger w/ cheese with oven fries	Spaghetti w/meat sauce & whole wheat garlic bread and fresh fruit	Grilled cheese on whole wheat bread with abc chicken soup	Hard or Soft shell Beef taco w/cheese salsa, lettuce, sour cream tortilla chips and salsa	Pizza served w/ Veg & Ranch Circle One: Cheese Pepperoni	
A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	
20	21	22	23	24	
<b>NO School</b>	Lean burger w/ cheese with oven fries	Teryaki Chicken over brown rice with steamed vegetables	Traditional Meat Chili with bread	Pizza served w/ Veg & Ranch Circle One: Cheese Pepperoni	
	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX	
	27	28	29		
Lean burger w/ cheese with oven fries	Annie's Mac-N-Cheese with steamed veggies and fresh fruit	Grilled cheese on whole wheat bread with abc chicken soup			
A: Turkey B: Salad EX	A: Turkey B: Salad EX	A: Turkey B: Salad EX			